

ALEXANDRIA COMMISSION ON AGING MEETING MINUTES

*October 13, 2022 – DRAFT
At the Landing Alexandria 2620 Main Line Blvd
4-6 PM*

Members Physically Present: Chair, Michael Schuster; Mary Lee Anderson; Ray Biegun; Barbara D’Agostino; William Campbell; David Kaplan; Dawn Higgins; Barabara Huelat; Jessica LeFeyre; Karen McKeon; Tom Reeder; Lois Steele, Jenn Stowe; Gerri Wallace; Babs Waters

Members Attending Remotely: Michael Kreps

Members Attending Remotely for Medical Reasons: Joanne Broderick

Members Excused: Canek Aguirre; Michael Kamin

Members Unexcused: Ellen Nelson; Jim Lindsay

Liaisons Present: Anne Coyne; Darrell Wesley; Ian Torrance; Pamela Guerra

Guests Present: Bob Eiffert; Linc Cummings; Sarah Taylor; Melissa Jensen

Staff Members Present: Pam Austin; Sharnee Eure; Christopher Moore

1. **Call to Order.** Chair Michael Schuster called the September meeting of the Commission on Aging (“COA”) to order at 4:01 PM. Each attendee introduced themselves.
2. **Approval of Agenda.** The agenda for the meeting was approved unanimously.
3. **Approval of Minutes.** Minutes of the meeting were approved unanimously.
4. **Alexandria Police Department Liaison Report.** Sgt. Torrance gave an update on prescription drug recycling. The Sheriff department puts recycling info on their website and is posted on the aging page for the CoA.
5. **Special Presentation:** Melissia Jensen gave a presentation on Food Security; for more information, contact her at Melissa.jensen@alexandriava.gov. Sarah Taylor gave a second presentation on their work to extend electronic meetings. An updated document will be sent for next month’s CoA meeting.
6. **Executive Committee Report.** Materials and minutes were distributed as part of the Agenda.
7. **Discussion/Action Items**

Covid-19 Updates – Gerri Wallace - City of Alexandria website under the Health Department News provides links to the latest health information
Health Department News | City of Alexandria, VA (alexandriava.gov)

CITY OF ALEXANDRIA

Alexandria CDC Covid-19 Measures COVID-19 Community Level Transmission rate is LOW

October 11, 2022, The City of Alexandria reports 77.9% or 122,628 fully Vaccinated AND 85.6% or 134,746 partially and fully vaccinated.

Hospital admissions per 100k are 5 = LOW

Impatient Bed is 3.40% = LOW

Demographics include City-wide:

Ages 65+ = 83.2%

STATE OF VIRGINIA

October 11, 2022, Across the state of VA, 7M, 116K, or 82.6% received a least One vaccine.

1st Booster = 3,086

2nd Booster= 594K

Demographics include State-wide:

Ages 65+ = 96.1%

Overall, 65+ ages = 1.3M with a 96% rate of vaccinated people

CDC website for Health Topics from A-Z

<https://www.cdc.gov/health-topics.html>

To get alerts, text ALEXCOVID19 to 888777.

For questions about COVID-19, call 703.746.4988.

For chest pain or shortness of breath, call or text 911 immediately.

- a.
- b. **Age Friendly report** – Michael Schuster updated for Jane King, who is absent. The committee is finishing work on expanding goals, objectives, and mission.
- c. **NVAN Platform 23 Priorities /Presented to Vote** – Bob Eiffert presented NVAN priorities. See NVAN 2023 Priorities attached to the meeting agenda. Bob Eiffert asked CoA to endorse priorities and submit them to the City Council. Mary Lee Anderson presented the motion, “CoA supports the NVAN Priorities and approves their submission to the City Council as part of the city’s legislative package.” Bill Cambell seconds the motion. The motion was presented for the vote and was approved unanimously.
- d. **Word Change in Mission Statement** – Barbara D’Agostino. Barbara proposed the word elderly be changed to older adults in the CoA Mission Statement. Barbara D’Agostino presented a motion to vote for the new mission statement: "To identify the needs of the older adult, develop overall planning to meet those needs, evaluate service delivery plans as implemented, and advocate on behalf of the older adult." Mary Lee seconded the motion. The motion, as presented for the vote, was approved unanimously.

8. **Liaison Report**

- a. *Division of Aging and Adult Services.* Christopher Moore presented that they were hiring a new program direct and restricting.
- b. *Human Rights Commission* – Tom Reeder presented a report from the meeting, which updated the discussion on priorities consistent with NVAN.
- c. *Commission on Persons with Disabilities.* Michael Kamin
- d. NVAN – Michael Shuster updated the recent NVAN breakfast and activities.
- e. *St. Martins Senior Center* - Anne Coyne presented that center is back to full pre-COVID and starting to grow.
- f. *Commission for Women.* – Jenn Stowe presented the report from their last meeting.
- g. Partnership for a Healthier Alexandria – Joanne Broberick presented the report on their grants applications for four priorities: housing, mental poverty, and prevention.
- h. Senior Center Charles Houston – Report attached. Pamela Guerra presented their plans for their 50th-anniversary celebration on 10/14/22.
- i. *Senior Services of Alexandria* - Mary Lee Anderson, report attached.
- j. *Alexandria Commission on Employment.* Mary Lee Anderson, report attached.
- k. *Northern Virginia Fall Prevention Alliance, NVFPA.* Mary Lee Anderson, report attached.
- l. *Arlington* Legislative Committee – Michael Schuster, update on the joint commission meeting of 11/7/22 at 10 AM.
- m. Arlington Commission on Aging – Linc Cummings provided a report on their study for optimal aging and remote fall prevention. Also, their organization supports NVAN
- n. Successful Aging – Mary Lee Anderson reported on the meeting this morning on events.
- o. Alexandria Adult Day Services Center, ADSC – Darrell, reported that they had resumed full services but still engaged in social distancing and wearing masks. Got Wifi – very happy! Darrell thanked all for their volunteer participation in painting participation.

9. **Committee Updates.**

- a. *Housing – Michael Schuster will meet the following Monday.*
 - b. *Outreach. The Committee – Co-Chairs Ray Biegun & Barbara D’Agostino, will meet on 10/26/22.*
 - c. *Transportation – Co-Chairs David Kaplan & Bill Campbell, reports shared with commission. They had a meeting this week with bike rider updates and service networks. They are looking for volunteers to train kids for safe biking.*
 - d. *Economic Development - Mary Lee Anderson, report attached*
 - e. *Health/Dementia Friendly - Barbara Huelat, the committee met last week to discuss Medicare for All and request a presentation at the CoA meeting. We would like to have a speaker that could discuss Medicare for All, and we will discuss this at the Executive Committee Meeting.*
10. **Other Business.** None.
 11. **New Business.** None
 12. **Public Comments.** None
 13. **Meeting Adjournment.** There being no further business, the meeting adjourned at 5:31 PM.

For approval, the minutes will be presented at the Thursday, November 10, 2022, COA meeting.
– At the Landing

The next Executive Committee meeting is on Monday, October 31, 2022, time to be determined
– at the Landing

Minutes prepared by Barbara Huelat, COA Secretary.

ALEXANDRIA COMMISSION ON AGING EXECUTIVE COMMITTEE MEETING MEETING MINUTES

*October 3, 2022 – DRAFT
In-Person Meeting at the Landing Alexandria
2620 Main Line Blvd., Alexandria, VA
+Zoom Virtual Meeting*

In-person Members Present: Chair, Michael Schuster; Barbara D’Agostino, Ray Biegun; Barabara Huelat; Lois Steele; Mary Lee Anderson; William Campbell

Virtual Members Present: Gerri Wallace

Members Excused: None

Liaisons Present: None

Staff Members Present: Pam Austin

Guests Present: David Lanier, Bob Eiffert

1. **Call to Order.** Chair Michael Schuster called the August meeting of the Executive Committee Meeting of the Commission on Aging (“COA”) to order at 1:10 PM.
2. **Approval of Agenda.** The agenda for the meeting was approved unanimously.
3. **Approval of Minutes.** The Minutes for the meeting of August 29, 2022, was approved unanimously
4. **Presentation by David Lanier, Assistant City Attorney (Powerpoint), FOIA Meetings and Events Participation Policy:** Discussion followed. David Lanier gave a presentation on the Virginia Freedom of Information Act as it applies to advisory boards and commissions. He encouraged those with questions to contact him.
5. **Discussion/Action Items**
 - a. **Presentation for October 13, 2022, COA Meeting:** Alexandria City Legislative Director Sarah Taylor.
 - b. **Suggested presentations:** Members suggested including a speaker on Technology and Scams by the Sherrif’s Office and by the Department on Transportation and Environmental Services concerning the Duke Street projects.
6. **Other Business.**
 - a. The Committee discussed and alternative meeting time for the Executive Committee with a doodle poll to be forwarded to the Committee.

- b. Barbara D'Agostino suggested adding an agenda item to discuss the change in the wording of the mission statement from "elderly" to "Older Adults."

7. **Meeting Adjournment.** There being no further business, the meeting adjourned at 2:38 PM.

Minutes will be presented at the Thursday, October 31, Executive Committee meeting for approval. The next Executive Committee meeting is on Monday, October 31, 2022, time TBD.

Minutes prepared by Barbara J.Huelat, COA Secretary.

City of Alexandria, Commission on Aging
Health and Dementia Friendly Committee
Minutes

October 6, 2022, 4:00 PM 4800 Filmore Avenue, Bishops Room, Alexandria, VA

This meeting was held in-person

Members Present: Pamala Austin, Jackie Barbarito, Barbara Huelat, Barbara D'Agostino

Hosting Staff: Pamala Austin

Committee Discussion

The following activities were discussed:

1. Difficulty with having an in-person meeting. Possibility of having our meetings every other month. TBD at November 3 meeting.
2. Letter from Jonathan Krall, Grassroots Alexandria, discussed. It was determined that we needed more information and background on Medicare for All. It was suggested that each committee member research the topic to be able to discuss it thoroughly at our next meeting. Medicare for All website is <https://medicare4all.org>.
3. The discussion on the committee's goals for 2023 is tabled until our November meeting.

Action Items:

1. Each committee member is asked to become familiar with Medicare for All to have a meaningful discussion at the November meeting.

Next Meeting: November 3, 2022, at 4:00 PM. Location at the Goodwin House, 4800 Filmore Avenue, Bishops Room, Alexandria, VA 22314.

Meeting adjourned at 4:30 PM

Notes prepared by Barbara Huelat, Health and Dementia Friendly Committee